Fibroid Awareness MONTH

Show your support for the millions of women suffering from fibroids by spreading the word on social media.

Tell Your Story #MyFibroidStory
Show Your Support #WhyIWearWhite

@ChangeTheCycle
www.ChangetheCycle.com
What are fibroids?
Noncancerous tissue growths in the uterus

UP TO 80% of all women will have fibroids by the age of 50

African American women are three times more likely to experience fibroids than other races

Symptoms
- Heavy menstrual bleeding
- Menstrual periods lasting more than a week
- Pelvic pressure or pain
- Frequent urination
- Difficulty emptying the bladder
- Constipation
- Backache or leg pains

While less invasive options exist

MORE THAN 200,000 women in the U.S. undergo hysterectomy to treat fibroids every year

Minimally Invasive Options Can Preserve Fertility

Non-Surgical
- Reduces Bleeding
  - Hormone Therapy (Oral Contraceptives)
  - Intrauterine Device (IUD)

Procedural
- Removes Fibroids
  - Hysteroscopic Myomectomy (vaginal)
  - Laparoscopic Myomectomy (incision)

Learn more at ChangeTheCycle.com

REFERENCES: